

February, 2012

Monthly Menu
Price Per Lunch \$2.25

MONDAY

TUESDAY

WEDNESDAY

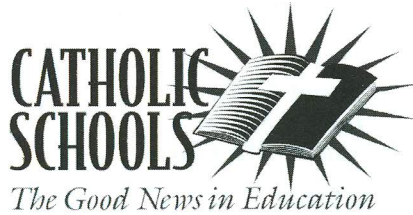
THURSDAY

FRIDAY

Catholic Schools Week January 29th - February 5th

Faith. Academics. Service.

Catholic Schools



1
Bowl of Chili with Warm Muffin
or
A) Chicken Patty on a Bun

Choice of Two:
Chilled Fruit Tossed Salad
Fresh Veggie Sticks with Dip

1/2 Pint Low-Fat Milk

2
Groundhog Day
Chicken Alfredo over Pasta with Warm Breadstick
or
A) Hamburger on a Bun

Choice of Two:
Hot Vegetable Tossed Salad
Strawberry Cup

1/2 Pint Low-Fat Milk

3
French Toast Sticks
or
A) Cheese Pizza

Choice of Two:
Applesauce Tossed Salad
Box of Raisins

1/2 Pint Low-Fat Milk



6
Salisbury Steak with Gravy
or
A) Chicken Nuggets

Choice of Two:
Cheesy Mashed Potatoes
Tossed Salad
Hot Vegetable

1/2 Pint Low-Fat Milk
Warm Dinner Roll
Cookie Treat with Every Lunch



7
Golden Chicken Fingers with Biscuit
or
A) Hot Dogs on Buns

Choice of Two:
Curly Fries
Tossed Salad
Fruit Parfait

1/2 Pint Low-Fat Milk

8
BBQ Teriyaki Meatballs with Fried Rice & Warm Breadstick
or
A) Chicken Patty on a Bun

Choice of Two:
California Medley
Tossed Salad
Chilled Fruit Cup

1/2 Pint Low-Fat Milk



9
Pulled Pork Sandwich
or
A) Hamburger on a Bun

Choice of Two:
Potato Smiles
Tossed Salad
Applesauce

1/2 Pint Low-Fat Milk
Treat with Every Lunch










10
Mini Cheese Quesadillas
or
A) Cheese Pizza

Choice of Two:
Hot Vegetable Tossed Salad
Fresh Veggies with Dip

1/2 Pint Low-Fat Milk
Fruit Snack with Every Lunch



SUBSTITUTION OF ITEMS MAY BE NECESSARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Ham and Scalloped Potato Bake 13 or A) Chicken Nuggets</p> <p><i>Choice of Two:</i> Hot Vegetable Tossed Salad Frozen Juice Cup</p>  <p>1/2 Pint Low-Fat Milk Warm Dinner Roll</p>	<p><i>Valentine's Day</i> 14 Stuffed Crust Pepperoni Pizza or A) Hot Dogs on Buns</p> <p><i>Choice of Two:</i> Mixed Fruit Tossed Salad Hot Vegetable</p> <p>1/2 Pint Low-Fat Milk</p> <p><i>Ice Cream Treat with Every Lunch</i></p>	<p>Taco Salad 15 (Taco Meat/Cheese/Lettuce/Tortilla Chips) or A) Chicken Patty on a Bun</p> <p><i>Choice of Two:</i> Chilled Fruit Tossed Salad Corn on the Cob</p> <p>1/2 Pint Low-Fat Milk</p>	<p>Popcorn Chicken with optional Mandarin Sauce 16 Cinnamon Pretzel Rod or A) Hamburger on a Bun</p> <p><i>Choice of Two:</i> Vegetable Egg Roll Tossed Salad Pineapple Tidbits</p> <p>1/2 Pint Low-Fat Milk</p>	<p>Egg & Cheese Croissant Sandwich 17 or A) Cheese Pizza</p> <p><i>Choice of Two:</i> Orange Smiles Tossed Salad Fruit & Nut Nutrition Bar</p> <p>1/2 Pint Low-Fat Milk</p> <p><i>Curious George Fruit Snack with Every Lunch</i></p>
<p><i>Presidents' Day</i> 20</p> 	<p>Chicken Teriyaki with Rice 21 or A) Hot Dogs on Buns</p> <p><i>Choice of Two:</i> Hot Vegetable Tossed Salad Diced Fruit</p> <p>1/2 Pint Low-Fat Milk</p> <p><i>Presidents' Day Cookie Treat</i></p>	<p><i>Ash Wednesday</i> 22 Macaroni & Cheese or A) Fish Sandwich</p> <p><i>Choice of Two:</i> Broccoli Tossed Salad Fruit Crisp</p> <p>1/2 Pint Low-Fat Milk</p>	<p> Fiestada Pizza 23 or A) Hamburger on a Bun</p> <p><i>Choice of Two:</i> Sweet Corn Tossed Salad Salsa with Chips</p> <p>1/2 Pint Low-Fat Milk</p>	<p>Toasted Cheese Sandwich 24 or A) Cheese Pizza</p> <p><i>Choice of Two:</i>  Vegetable Soup with Crackers Tossed Salad Fruit Cup</p> <p>1/2 Pint Low-Fat Milk</p>
<p>Soft Shell Taco (Taco Meat/Cheese Soft Tortilla) 27 or A) Chicken Nuggets</p> <p><i>Choice of Two:</i> Hot Vegetable Tossed Salad Fruit Sherbet</p>  <p>1/2 Pint Low-Fat Milk</p>	<p><i>Manager's Choice Day!</i> 28</p> 	<p><i>Leap Year</i> 29 Ravioli with Cheese Filled Breadstick  or A) Chicken Patty on a Bun</p> <p><i>Choice of Two:</i> Vegetable Tossed Salad Chilled Fruit Juice</p> <p>1/2 Pint Low-Fat Milk</p>	