















January, 2012

Monthly Menu
Price Per Lunch \$2.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Beefy Quesadilla 2</p>  <p>or A) Chicken Nuggets</p> <p><i>Choice of Two:</i> Applesauce Cup Tossed Salad Juicy Juice</p> <p>1/2 Pint Low-Fat Milk</p>	<p>Ham & Cheese Stromboli 3</p> <p>or A) Beef & Cheese Nachos</p> <p><i>Choice of Two:</i> Sweet Corn Tossed Salad Fruit & Nut Nutrition Bar</p> <p>1/2 Pint Low-Fat Milk</p> 	<p>Sloppy Joe Sliders on Fun Buns 4</p> <p>or A) Chicken Patty on a Bun</p> <p><i>Choice of Two:</i> Potato Medley Tossed Salad Chilled Fruit</p> <p>1/2 Pint Low-Fat Milk</p>	<p>Popcorn Chicken with Warm Muffin 5</p> <p>or A) Hamburger on a Bun</p> <p><i>Choice of Two:</i> Hot Vegetable Tossed Salad Pineapple Tidbits</p> <p>1/2 Pint Low-Fat Milk</p> 	<p>Breaded Mozzarella Sticks with Dipping Sauce 6</p> <p>or A) Cheese Pizza</p> <p><i>Choice of Two:</i> Green Beans Tossed Salad Italian Fruit Ice</p> <p>1/2 Pint Low-Fat Milk</p>
<p>Totally Taco Max Snacks 9</p> <p>or A) Chicken Nuggets</p> <p><i>Choice of Two:</i> Sweet Corn Tossed Salad Salsa with Chips</p> <p>1/2 Pint Low-Fat Milk</p> <p><i>Fruit Snack with Every Lunch</i></p> 	<p>BBQ Chicken Flatbread 10</p> <p>or A) Beef & Cheese Nachos</p> <p><i>Choice of Two:</i> Hot Vegetable Tossed Salad Fruit Cup</p> <p>1/2 Pint Low-Fat Milk</p>	<p>Salisbury Steak with Gravy and Warm Breadstick 11</p> <p>or A) Chicken Patty on a Bun</p> <p><i>Choice of Two:</i> Whipped Potatoes Tossed Salad Vegetable</p> <p>1/2 Pint Low-Fat Milk</p> <p><i>Cookie Treat with Every Lunch</i></p> 	<p>Chicken Fajita Chef Salad with Crackers 12</p> <p>or A) Hamburger on a Bun</p> <p><i>Choice of Two:</i> Vegetable Tossed Salad Warm Fruit Turnover</p> <p>1/2 Pint Low-Fat Milk</p>	<p>Macaroni & Cheese 13</p> <p>or A) Cheese Pizza</p> <p><i>Choice of Two:</i> Fruit Cup Tossed Salad Fresh Veggie Sticks with Dip</p> <p>1/2 Pint Low-Fat Milk</p> 

SUBSTITUTION OF ITEMS MAY BE NECESSARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>16</p> <p>Martin Luther King, Jr. January 15, 1929</p>	<p>17</p> <p>LA Cinnamon Bread with Sausage Patties</p> <p>or A) Beef & Cheese Nachos</p> <p><i>Choice of Two:</i> Applesauce Cup Tossed Salad Fruit Juice</p> <p>1/2 Pint Low-Fat Milk</p>	<p>18</p> <p>Pasta with Meat Sauce and Warm Breadstick</p> <p>or A) Chicken Patty on a Bun</p> <p><i>Choice of Two:</i> Green Beans Tossed Salad Fruit Medley</p> <p>1/2 Pint Low-Fat Milk</p> 	<p>19</p> <p>Chicken Teriyaki with Rice and Dinner Roll</p> <p>or A) Hamburger on a Bun</p> <p><i>Choice of Two:</i> Vegetable Tossed Salad Fresh Oranges</p> <p>1/2 Pint Low-Fat Milk</p>  	<p>20</p> <p>Toasted Cheese Sandwich</p> <p>or A) Cheese Pizza</p> <p><i>Choice of Two:</i> Bowl of Soup Tossed Salad Fruit</p> <p>1/2 Pint Low-Fat Milk</p>  
<p>23</p> <p>Honey BBQ Riblets</p> <p>or A) Chicken Nuggets</p> <p><i>Choice of Two:</i> Potato Medley Tossed Salad Fruit Sherbet</p> <p>1/2 Pint Low-Fat Milk</p> <p><i>Warm Breadstick</i></p>  	<p>24</p> <p><i>Manager's Choice Day!</i></p>  	<p>25</p> <p>Homestyle Meatloaf with Hot Pretzel</p> <p>or A) Chicken Patty on a Bun</p> <p><i>Choice of Two:</i> Mashed Potatoes with Gravy Tossed Salad Hot Vegetable</p> <p>1/2 Pint Low-Fat Milk</p> <p><i>Fruit Snack Treat</i></p>  	<p>26</p> <p>Hot Dogs on Buns</p> <p>or A) Hamburger on a Bun</p> <p><i>Choice of Two:</i> Potato Medley Tossed Salad Baked Beans</p> <p>1/2 Pint Low-Fat Milk</p> 	<p>27</p> <p>Egg & Cheese Tortilla Wrap</p> <p>or A) Cheese Pizza</p> <p><i>Choice of Two:</i> Seasonal Fresh Fruit Tossed Salad Vegetable Medley</p> <p>1/2 Pint Low-Fat Milk</p> <p><i>President's Cookies</i></p>
<p>30</p> <p>Fiestado Pizza</p> <p>or A) Chicken Nuggets</p> <p><i>Choice of Two:</i> Potato Wedges Tossed Salad Peaches</p> <p>1/2 Pint Low-Fat Milk</p> <p><i>Cookie Treat with Every Lunch</i></p> 	<p>31</p> <p>Corn Dog</p> <p>or A) Beef & Cheese Nachos</p> <p><i>Choice of Two:</i> Sweet Corn Tossed Salad Fruit Cup</p> <p>1/2 Pint Low-Fat Milk</p> 